

MY LOBOTOMY A MEMOIR READ ONLY

Noémie Gosselin

My Lobotomy A Memoir Introduction

My Lobotomy

Howard Dully was 12 years old when he was given a lobotomy. He was 56 years old when he found out why. The four decades in between tell a story of profound love and compassion. In 1960 Howard's father and stepmother delivered him into the hands of the man who had invented the 'ice pick' lobotomy. Expelled from the mainstream medical community, his once-popular procedure now a grisly medical relic, Dr Walter Freeman was eager to turn this temperamental 12-year-old into a submissive boy - especially after hearing the terrible lies his stepmother told about him. Howard, told he was going into the hospital for tests, was instead given electro-shock treatments and a transorbital lobotomy. It took him 40 years to recover. Howard Dully's escape from that dark place is a voyage of enormous hope and universal appeal.

Messing with My Head

Howard Dully was 12 years old when he was given a lobotomy. In this text he shares the story of a painfully dysfunctional childhood, a misspent youth, his struggle to claim the life that was taken from him, and his redemption.

The Lobotomist

The Lobotomist explores one of the darkest chapters of American medicine: the desperate attempt to treat the hundreds of thousands of psychiatric patients in need of help during the middle decades of the twentieth century. Into this crisis stepped Walter Freeman, M.D., who saw a solution in lobotomy, a brain operation intended to reduce the severity of psychotic symptoms. Drawing on Freeman's documents and interviews with Freeman's family, Jack El-Hai takes a penetrating look at the life and work of this complex scientific genius. The Lobotomist explores one of the darkest chapters of American medicine: the desperate attempt to treat the hundreds of thousands of psychiatric patients in need of help during the middle decades of the twentieth century. Into this crisis stepped Walter Freeman, M.D., who saw a solution in lobotomy, a brain operation intended to reduce the severity of psychotic symptoms. Although many patients did not benefit from the thousands of lobotomies Freeman performed, others believed their lobotomies changed them for the better. Drawing on a rich collection of documents Freeman left behind and interviews with Freeman's family, Jack El-Hai takes a penetrating look into the life of this complex scientific genius and traces the physician's fascinating life and work.

Lobotomy

Lobotomy is a lurid and unlikely temperance tract from the underbelly of rock 'n' roll. Taking readers on a wild rollercoaster ride from his crazy childhood in Berlin and Munich to his lonely methadone-soaked stay at a cheap hotel in Earl's Court and newfound peace on the straight and narrow, Dee Dee Ramone catapults readers into the raw world of sex, addiction, and two-minute songs. It isn't pretty. With the velocity of a Ramones song, Lobotomy rockets from nights at CBGB's to the breakup of the Ramones' happy family with an unrelenting backbeat of hate and squalor: his girlfriend O.D.s; drug buddy Johnny Thunders steals his ode to heroin, "Chinese Rock"; Sid Vicious shoots up using toilet water; and a pistol-wielding Phil Spector

holds the band hostage in Beverly Hills. Hey! Ho! Let's go!

Diseases and Human Evolution

Urgent interest in new diseases, such as the coronavirus, and the resurgence of older diseases like tuberculosis has fostered questions about the history of human infectious diseases. How did they evolve? Where did they originate? What natural factors have stalled the progression of diseases or made them possible? How does a microorganism become a pathogen? How have infectious diseases changed through time? What can we do to control their occurrence? ; Ethne Barnes offers answers to these questions, using information from history and medicine as well as from anthropology. She focuses on changes in the patterns of human behavior through cultural evolution and how they have affected the development of human diseases. ; Writing in a clear, lively style, Barnes offers general overviews of every variety of disease and their carriers, from insects and worms through rodent vectors to household pets and farm animals. She devotes whole chapters to major infectious diseases such as leprosy, syphilis, smallpox, and influenza. Other chapters concentrate on categories of diseases ("gut bugs," for example, including cholera, typhus, and salmonella). The final chapters cover diseases that have made headlines in recent years, among them mad cow disease, West Nile virus, and Lyme disease. ; In the tradition of Berton Roueché, Hans Zinsser, and Sherwin Nuland, Ethne Barnes answers questions you never knew you had about the germs that have threatened us throughout human history.

The Lobotomy Letters

The rise and widespread acceptance of psychosurgery constitutes one of the most troubling chapters in the history of modern medicine. By the late 1950s, tens of thousands of Americans had been lobotomized as treatment for a host of psychiatric disorders. Though the procedure would later be decried as devastating and grossly unscientific, many patients, families, and physicians reported veritable improvement from the surgery; some patients were even considered cured. The Lobotomy Letters gives an account of why this controversial procedure was sanctioned by psychiatrists and doctors of modern medicine. Drawing from original correspondence penned by lobotomy patients and their families as well as from the professional papers of lobotomy pioneer and neurologist Walter Freeman, the volume reconstructs how physicians, patients, and their families viewed lobotomy and analyzes the reasons for its overwhelming use. Mical Raz, MD/PhD, is a physician and historian of medicine.

White Matter

White Matter: A Memoir of Family and Medicine is the story of a Bostonian close-knit Jewish working-class family of five sisters and one brother and the impact they and their next generation endured due to the popularization of lobotomy during the 20th century. When Janet Sternburg's grandfather abandoned his family, and her uncle, Bennie, became increasingly mentally ill, Sternburg's mother and aunts had to bind together and make crucial decisions for the family's survival. Two of the toughest familial decisions they made were to have Bennie undergo a lobotomy to treat his schizophrenia and later to have youngest sister, Francie, undergo the same procedure to treat severe depression. Both heartrending decisions were largely a result of misinformation disseminated that popularized and legitimized lobotomy. Woven into Sternburg's story are notable figures that influenced the family as well as the entire medical field. In 1949, Egas Moniz was awarded the Nobel Prize in Medicine for developing the lobotomy, and in the three years that followed his acceptance of the award, more Americans underwent the surgery than during the previous 14 years. By the early 1950s, Walter Freeman developed an alternate technique for lobotomy, which he proselytized during his travels throughout the country in a van he dubbed the "Lobotomobile." The phrase "prefrontal lobotomy" was common currency growing up in Janet Sternburg's family and in White Matter she details this scientific discovery that disconnects the brain's white matter, leaving a person without feelings, and its undeserved legitimization and impact on her family. She writes as a daughter consumed with questions about her mother and aunts—all well-meaning women who decided their siblings' mental health issues would be

best treated with lobotomies. By the late 1970s, the surgical practice was almost completely out of favor, but its effects left patients and their families with complicated legacies as well as a stain on American medical history. Every generation has to make its own medical choices based on knowledge that will inevitably come to seem inadequate in the future. How do we live with our choices when we see their consequences?

When Breath Becomes Air

**** SUNDAY TIMES NUMBER ONE BESTSELLER**** 'Rattling. Heartbreaking. Beautiful.' Atul Gawande, bestselling author of *Being Mortal* What makes life worth living in the face of death? At the age of thirty-six, on the verge of completing a decade's training as a neurosurgeon, Paul Kalanithi was diagnosed with inoperable lung cancer. One day he was a doctor treating the dying, the next he was a patient struggling to live. *When Breath Becomes Air* chronicles Kalanithi's transformation from a medical student asking what makes a virtuous and meaningful life into a neurosurgeon working in the core of human identity - the brain - and finally into a patient and a new father. Paul Kalanithi died while working on this profoundly moving book, yet his words live on as a guide to us all. *When Breath Becomes Air* is a life-affirming reflection on facing our mortality and on the relationship between doctor and patient, from a gifted writer who became both. 'A vital book about dying. Awe-inspiring and exquisite. Obligatory reading for the living' Nigella Lawson

I Slept with Joey Ramone

“A powerful story of punk-rock inspiration and a great rock bio” (Rolling Stone), now in paperback. When the Ramones recorded their debut album in 1976, it heralded the true birth of punk rock. Unforgettable front man Joey Ramone gave voice to the disaffected youth of the seventies and eighties, and the band influenced the counterculture for decades to come. With honesty, humor, and grace, Joey’s brother, Mickey Leigh, shares a fascinating, intimate look at the turbulent life of one of America’s greatest—and unlikeliest—music icons. While the music lives on for new generations to discover, *I Slept with Joey Ramone* is the enduring portrait of a man who struggled to find his voice and of the brother who loved him.

No One Tells You This

Featured in multiple “must-read” lists, *No One Tells You This* is “sharp, intimate...A funny, frank, and fearless memoir...and a refreshing view of the possibilities—and pitfalls—personal freedom can offer modern women” (Kirkus Reviews). If the story doesn’t end with marriage or a child, what then? This question plagued Glynnis MacNicol on the eve of her fortieth birthday. Despite a successful career as a writer, and an exciting life in New York City, Glynnis was constantly reminded she had neither of the things the world expected of a woman her age: a partner or a baby. She knew she was supposed to feel bad about this. After all, single women and those without children are often seen as objects of pity or indulgent spoiled creatures who think only of themselves. Glynnis refused to be cast into either of those roles, and yet the question remained: What now? There was no good blueprint for how to be a woman alone in the world. It was time to create one. Over the course of her fortieth year, which this “beguiling” (The Washington Post) memoir chronicles, Glynnis embarks on a revealing journey of self-discovery that continually contradicts everything she’d been led to expect. Through the trials of family illness and turmoil, and the thrills of far-flung travel and adventures with men, young and old (and sometimes wearing cowboy hats), she wrestles with her biggest hopes and fears about love, death, sex, friendship, and loneliness. In doing so, she discovers that holding the power to determine her own fate requires a resilience and courage that no one talks about, and is more rewarding than anyone imagines. “Amid the raft of motherhood memoirs out this summer, it’s refreshing to read a book unapologetically dedicated to the fulfillment of single life” (Vogue). *No One Tells You This* is an “honest” (Huffington Post) reckoning with modern womanhood and “a perfect balance between edgy and poignant” (People)—an exhilarating journey that will resonate with anyone determined to live by their own rules.

The Kind Of Life It's Been

For sixty years, Lloyd Robertson lived his dream of working in broadcasting, bringing us the major events of the day. The longest-serving national TV news anchor in Canadian history, first for CBC and then for CTV, Robertson remains one of the most accomplished journalists of our time. His career reflects the history of the past half century, as he reported on JFK's assassination, the moon landing, Trudeaumania, Terry Fox's run, the Montreal Massacre, 9/11 and royal weddings, among many other pivotal moments. In *The Kind of Life It's Been*, Robertson shares the inside story and the experience he has gained over his long career, from breaking into the business of radio in his hometown of Stratford, Ontario, to joining the CBC and moving to television, to his highly public departure for CTV and his career as senior editor of CTV News. He shares off-camera moments as well, recounting personal stories about his family and friends as he sought to balance his life as a husband, father and journalist. Written with candid reflections and a good dose of wit, *The Kind of Life It's Been* will entertain Robertson fans and any Canadian interested in the inner workings of a frenetic newsroom.

He Wanted the Moon

Soon to be a major motion picture, from Brad Pitt and Tony Kushner A Washington Post Best Book of 2015 A mid-century doctor's raw, unvarnished account of his own descent into madness, and his daughter's attempt to piece his life back together and make sense of her own. Texas-born and Harvard-educated, Dr. Perry Baird was a rising medical star in the late 1920s and 1930s. Early in his career, ahead of his time, he grew fascinated with identifying the biochemical root of manic depression, just as he began to suffer from it himself. By the time the results of his groundbreaking experiments were published, Dr. Baird had been institutionalized multiple times, his medical license revoked, and his wife and daughters estranged. He later received a lobotomy and died from a consequent seizure, his research incomplete, his achievements unrecognized. Mimi Baird grew up never fully knowing this story, as her family went silent about the father who had been absent for most of her childhood. Decades later, a string of extraordinary coincidences led to the recovery of a manuscript which Dr. Baird had worked on throughout his brutal institutionalization, confinement, and escape. This remarkable document, reflecting periods of both manic exhilaration and clear-headed health, presents a startling portrait of a man who was a uniquely astute observer of his own condition, struggling with a disease for which there was no cure, racing against time to unlock the key to treatment before his illness became impossible to manage. Fifty years after being told her father would forever be "ill" and "away," Mimi Baird set off on a quest to piece together the memoir and the man. In time her fingers became stained with the lead of the pencil he had used to write his manuscript, as she devoted herself to understanding who he was, why he disappeared, and what legacy she had inherited. The result of his extraordinary record and her journey to bring his name to light is *He Wanted the Moon*, an unforgettable testament to the reaches of the mind and the redeeming power of a determined heart.

The Last Asylum

In the late 1970s, Barbara Taylor, then an acclaimed young historian, began to suffer from severe anxiety. In the years that followed, Taylor's world contracted around her illness. Eventually, she was admitted to what had once been England's largest psychiatric institutions, the infamous Friern Mental Hospital in London

The State Boys Rebellion

A Pulitzer Prize-winning journalist tells the amazing story of how a group of imprisoned boys won their freedom, found justice, and survived one of the darkest and least-known episodes of American history. In the early twentieth century, United States health officials used IQ tests to single out "feebleminded" children and force them into institutions where they were denied education, sterilized, drugged, and abused. Under programs that ran into the 1970s, more than 250,000 children were separated from their families, although many of them were merely unwanted orphans, truants, or delinquents. *The State Boys Rebellion* conveys the

shocking truth about America's eugenic era through the experiences of a group of boys held at the Fernald State School in Massachusetts starting in the late 1940s. In the tradition of Erin Brockovich, it recounts the boys' dramatic struggle to demand their rights and secure their freedom. It also covers their horrifying discovery many years later that they had been fed radioactive oatmeal in Cold War experiments -- and the subsequent legal battle that ultimately won them a multimillion-dollar settlement. Meticulously researched through school archives, previously sealed papers, and interviews with the surviving State Boys, this deft exposé is a powerful reminder of the terrifying consequences of unchecked power as well as an inspiring testament to the strength of the human spirit.

The Invisible Wall

Harry Bernstein was born into a world of hardship and suffering in a northern mill town, in the shadow of the First World War. His brutish father spends what little he earns at the tailoring shop on drink, while his devoted mother survives on her dreams - that new shoes might secure Harry's admission to a fancy school, that her daughter might marry well, and that one day they might all escape this grinding poverty for the paradise of America. But as the years go by, life for the Bernsteins on their narrow cobbled street remains a daily struggle to make ends meet. For young Harry though, most distressing are his fears for his adored elder sister Lily, who is risking all by pursuing a forbidden love...

Goodbye, Antoura

“This searing account of a little boy wrenched from family and innocence” during the Armenian genocide “is a literary gem” (Financial Times). When World War I began, Karnig Panian was only five years old, living among his fellow Armenians in the Anatolian village of Gurin. Four years later, American aid workers found him at an orphanage in Antoura, Lebanon. He was among nearly a thousand Armenian and four hundred Kurdish children who had been abandoned by the Turkish administrators, left to survive at the orphanage without adult care. This memoir offers the extraordinary story of what he endured in those years—as his people were deported from their Armenian community, as his family died in a refugee camp in the deserts of Syria, as he survived hunger and mistreatment in the orphanage. The Antoura orphanage was another project of the Armenian genocide: Its administrators, some benign and some cruel, sought to transform the children into Turks by changing their Armenian names, forcing them to speak Turkish, and erasing their history. Panian’s memoir is a full-throated story of loss, resistance, and survival, but told without bitterness or sentimentality. His story shows us how even young children recognize injustice and can organize against it, how they can form a sense of identity that they will fight to maintain. He paints a painfully rich and detailed picture of the lives and agency of Armenian orphans during the darkest days of World War I. Ultimately, Karnig Panian survived the Armenian genocide and the deprivations that followed. Goodbye, Antoura assures us of how humanity, once denied, can be again reclaimed.

First Person Plural

The story of one man's struggle with Dissociative Identity Disorder (formerly known as Multiple Personality Disorder) & the 24 personalities that live within him. In this book readers accompany Cameron West on a roller coaster ride as he desperately tries to hang on to his family, his life & the thin red thread of reality that connects him to the world. The book chronicles his hunt for evidence to help him cope with & understand why his alter personalities are using his voice & body to retell & relive childhood sexual abuse.

Patient H.M.

In the summer of 1953, maverick neurosurgeon William Beecher Scoville performed a groundbreaking operation on an epileptic patient named Henry Molaison. But it was a catastrophic failure, leaving Henry unable to create long-term memories. Scoville's grandson, Luke Dittrich, takes us on an astonishing journey through the history of neuroscience, from the first brain surgeries in ancient Egypt to the New England

asylum where his grandfather developed a taste for human experimentation. Dittrich's investigation confronts unsettling family secrets and reveals the dark roots of modern neuroscience, raising troubling questions that echo into the present day.

Son of a Gun

In Tombstone, Arizona, September 2001, Debbie St. Germain is found dead in her trailer, apparently murdered by her fifth husband. For her twenty-year-old son, Justin, the tragedy marks the line that separates his world into before and after. Long after his mother's death is solved, Justin still sleeps with a loaded rifle under his bed. Ultimately, he sets out into the desert landscape of his childhood in an attempt to make sense of the unfathomable. Justin's journey takes him back to the ghost town of Wyatt Earp and the Gunfight at the O.K. Corral, to the trailers he and Debbie shared, to the string of stepfathers who were a constant presence in his life. He confronts people from his past and delves into the police records in an attempt to make sense of his mother's life and death. All the while he tries to be the type of man she would have wanted him to be. Brutally honest and beautifully written, *Son of a Gun* is a brave, unexpected and unforgettable memoir.

Madness: a Memoir

Winner of the Adelaide Festival Awards for Literature 2014 nonfiction prize. Shortlisted for the Queensland Literary Awards 2013 nonfiction prize. It's not every day you get to admit you're mad. The thing with psychosis is that when I'm sick I believe the delusional stuff to the same degree that you might know the sky is above and the earth below. And if someone were to say to me that the delusional thinking is, in fact, delusional, well that's the same as if I assure you now that we walk on the sky. Of course you wouldn't believe me, and that's why it's sometimes so hard for people who are sick like this to know that they need treatment. Psychosis and severe depression have a huge effect on how you relate to other people and how you see the world. It's a bit like being in a vacuum, or behind a wall of really thick glass . . . you lose any sense of connectedness. You're cast adrift from everyone and everything that matters. I've lived with acute psychosis and depression for the best part of twenty years. This is the story of my journey from chaos to balance, and from limbo to meaning. Kate Richards is a trained doctor currently working in medical research. 'Demands to be read' *Sunday Age* 'Heart wrenching, mind bending' *Daily Telegraph* 'A mysteriously beautiful book' *Michael McGirr, The Age* 'A gifted writer and storyteller' *Courier-Mail* 'Astonishing' *Herald Sun*

Motherhood

'A response - finally - to the new norms of femininity' *Rachel Cusk* Having reached an age when most of her peers are asking themselves when they will become mothers, *Heti's* narrator considers, with the same urgency, whether she will do so at all. Over the course of several years, under the influence of her partner, body, family, friends, mysticism and chance, she struggles to make a moral and meaningful choice. In a compellingly direct mode that straddles the forms of the novel and the essay, *Motherhood* raises radical and essential questions about womanhood, parenthood, and how - and for whom - to live. 'Likely to become the defining literary work on the subject' *Guardian* 'Courageous, necessary, visionary' *Elif Batuman* 'Quietly affecting... As concerned with art as it is with mothering' *Sally Rooney* 'Groundbreaking in its fluidity' *Spectator* ***A Daily Telegraph, Financial Times, Irish Times, Refinery29, TLS and The White Review Book of the Year* **

Kid Lobotomy, Vol. 1: A Lad Insane

Come as you are, leave as someone else. In the winding hallways of *The Suites*, anything can happen--whether you like it or not! Join *Kid*, the proprietor of this fine hotel, as he tries to hold on to his father's business--and his own sanity. *Kid*, as he's affectionately referred to, is the youngest child of *Big Daddy*, an aging hotelier with more than his fair share of dark secrets tucked into the corners of the crown jewel of his empire: *The Suites*, where the guests are in danger of losing much more than their luggage. See, *Kid* has shed

a few (okay, more than a few) brain cells in his day, which naturally makes him qualified to perform a lobotomy or two. And why let those brain bits go to waste when he can use them to help--or unwittingly harm--his patients? Ultimately, Kid hopes to restore some of his sanity. But can he navigate his sister's devious plotting, vivid hallucinations, and his own crumbling mental state to uncover the truth about his cursed lineage and face what runs rampant throughout the torturous hotel hallways? Simply put, you've never read anything like this. You won't be able to look away. Collects issues #1-6 of the ongoing series.

Strangers Assume My Girlfriend Is My Nurse

With his signature wit, twenty-something author, blogger, and entrepreneur Shane Burcaw is back with an essay collection about living a full life in a body that many people perceive as a tragedy. From anecdotes about first introductions where people patted him on the head instead of shaking his hand, to stories of passersby mistaking his able-bodied girlfriend for a nurse, Shane tackles awkward situations and assumptions with humor and grace. On the surface, these essays are about day-to-day life as a wheelchair user with a degenerative disease, but they are actually about family, love, and coming of age. Shane Burcaw is one half of the hilarious YouTube duo, Squirmy and Grubs, which he runs with his girlfriend, now fiancée, Hannah Aylward.

Tennessee, Cry of the Heart

Move over Miss Lonelyhearts . . . Steven R. Schirripa, author of the runaway bestseller *A Goomba's Guide to Life*, is back with more life lessons from the neighborhood. Recalling stories of his own colorful journey from the streets of Bensonhurst to the bright lights of Las Vegas and stardom as Bobby "Bacala" Baccalieri in the HBO hit series *The Sopranos*, Schirripa observes the finer points of amore in all its forms—love for his mother and her Sunday sauce, his wife and kids, his friends, his goomar on the side, even for his car (and he better not catch you eating in it, if you know what's good for you). Alternately touching, telling, and laugh-out-loud funny, *The Goomba's Book of Love* proves that no one loves as fiercely (or as frequently) as a goomba.

The Goomba's Book of Love

The #1 New York Times Bestseller An Entertainment Weekly Top Ten Book of the Year Now a Major Motion Picture This is the true story of a boy who wanted to grow up with the Brady Bunch, but ended up living with the Addams Family. Augusten Burroughs's mother gave him away to be raised by her psychiatrist, a dead ringer for Santa Claus and a certifiable lunatic into the bargain. The doctor's bizarre family, a few patients and a sinister man living in the garden shed completed the tableau. In the perfect squalor of their dilapidated Victorian house, there were no rules and there was no school. The Christmas tree stayed up until summer and Valium was chomped down like sweets. And when things got a bit slow, there was always the ancient electroshock therapy machine under the stairs... 'This is the Brady Bunch on Viagra... it is impossible not to laugh at all the jokes; to admire the sardonic, fetid tone; to wonder, slack-jawed and agog, at the sheer looniness of the vista he conjures up' -- Rachel Cooke, Observer

Running With Scissors

In this evocative and affectionate memoir, Ambassador Jean Kennedy Smith, the last surviving child of Joe and Rose Kennedy, offers an intimate and illuminating look at a time long ago when she and her siblings, guided by their parents, laughed and learned a great deal under one roof. Prompted by interesting tidbits in the newspaper, Rose and Joe Kennedy would pose questions to their nine children at the dinner table. "Where could Amelia Earhart have gone?" "How would you address this horrible drought?" "What would you do about the troop movements in Europe?" It was a nightly custom that helped shape the Kennedys into who they would become. Before Joe and Rose's children emerged as leaders on the world stage, they were a loving circle of brothers and sisters who played football, swam, read, and pursued their interests. They were

children inspired by parents who instilled in them a strong work ethic, deep love of country, and intense appreciation for the sacrifices their ancestors made to come to America. "No whining in this house!" was their father's regular refrain. It was his way of reminding them not to complain, to be grateful for what they had, and to give back. In her remarkable memoir, Kennedy Smith—the last surviving sibling—revisits this singular time in their lives. Filled with fascinating anecdotes and vignettes, and illustrated with dozens of family pictures, *The Nine of Us* vividly depicts this large, close-knit family during a different time in American history. Kennedy Smith offers indelible, elegantly rendered portraits of her larger-than-life siblings and her parents. "They knew how to cure our hurts, bind our wounds, listen to our woes, and help us enjoy life," she writes. "We were lucky children indeed."

The Nine of Us

For many fans, David Bowie's Ziggy Stardust era remains the most extraordinarily creative period in his career. As a member of Bowie's legendary band at the time - The Spiders From Mars - Woody Woodmansey played drums on four seminal albums: *The Man Who Sold The World*, *Hunky Dory*, *The Rise And Fall Of Ziggy Stardust And The Spiders From Mars* and *Aladdin Sane*. Woody's memoir, which he started work on in 2014, focuses on this key period and brings it to glorious life. With the confidence of youth, Woody always thought he'd be in a famous band but the nineteen-year-old rocker from Hull never expected to be thrust into London's burgeoning glam rock scene, and also into a bottle-green velvet suit and girl's shoes. Playing with Bowie took him on an eye-opening and transformative journey. In *Spider From Mars* he writes candidly about the characters who surrounded Bowie, recalling the album sessions as well as behind-the-scenes moments with one of the world's most iconic singers. The result is an insightful, funny, poignant memoir that lovingly evokes a seminal moment in music history and pays tribute to one of the most outstanding and innovative talents of our time.

Spider from Mars

A writer renowned for his insight into the mysteries of the body now gives us a lambent and profoundly moving book about the mysteries of family. At its center lies Sherwin Nuland's Rembrandtesque portrait of his father, Meyer Nudelman, a Jewish garment worker who came to America in the early years of the last century but remained an eternal outsider. Awkward in speech and movement, broken by the premature deaths of a wife and child, Meyer ruled his youngest son with a regime of rage, dependency, and helpless love that outlasted his death. In evoking their relationship, Nuland also summons up the warmth and claustrophobia of a vanished immigrant New York, a world that impelled its children toward success yet made them feel like traitors for leaving it behind. Full of feeling and unwavering observation, *Lost in America* deserves a place alongside such classics as *Patrimony* and *Call It Sleep*.

Lost in America

The revelatory, poignant story of Rosemary Kennedy, the eldest and eventually secreted-away Kennedy daughter, and how her life transformed her family, its women especially, and an entire nation. "[Larson] succeeds in providing a well-rounded portrait of a woman who, until now, has never been viewed in full."—The Boston Globe "A biography that chronicles her life with fresh details . . . By making Rosemary the central character, [Larson] has produced a valuable account of a mental health tragedy and an influential family's belated efforts to make amends."—The New York Times Book Review Joe and Rose Kennedy's strikingly beautiful daughter Rosemary was intellectually disabled, a secret fiercely guarded by her powerful and glamorous family. In *Rosemary*, Kate Clifford Larson uses newly uncovered sources to bring Rosemary Kennedy's story to light. Young Rosemary comes alive as a sweet, lively girl adored by her siblings. But Larson also reveals the often desperate and duplicitous arrangements the Kennedys made to keep her away from home as she became increasingly difficult in her early twenties, culminating in Joe's decision to have Rosemary lobotomized at age twenty-three and the family's complicity in keeping the secret. Only years later did the Kennedy siblings begin to understand what had happened to Rosemary, which inspired them to direct

government attention and resources to the plight of the developmentally and mentally disabled, transforming the lives of millions. One of People's Top Ten Books of 2015

Memoirs

Raised by unconventional Irish Catholics who knew "how to drink, how to dance, how to talk, and how to stir up the devil," Kate Mulgrew grew up with poetry and drama in her bones. But in her mother, a would-be artist burdened by the endless arrival of new babies, young Kate saw the consequences of a dream deferred. Determined to pursue her own no matter the cost, at 18 she left her small Midwestern town for New York, where, studying with the legendary Stella Adler, she learned the lesson that would define her as an actress: "Use it," Adler told her. Whatever disappointment, pain, or anger life throws in your path, channel it into the work. It was a lesson she would need. At twenty-two, just as her career was taking off, she became pregnant and gave birth to a daughter. Having already signed the adoption papers, she was allowed only a fleeting glimpse of her child. As her star continued to rise, her life became increasingly demanding and fulfilling, a whirlwind of passionate love affairs, life-saving friendships, and bone-crunching work. Through it all, Mulgrew remained haunted by the loss of her daughter, until, two decades later, she found the courage to face the past and step into the most challenging role of her life, both on and off screen. We know Kate Mulgrew for the strong women she's played -- Captain Janeway on Star Trek ; the tough-as-nails "Red" on Orange is the New Black. Now, we meet the most inspiring and memorable character of all: herself. By turns irreverent and soulful, laugh-out-loud funny and heart-piercingly sad, *Born with Teeth* is the breathtaking memoir of a woman who dares to live life to the fullest, on her own terms.

Rosemary

It is off-season in a remote Highland sea port: twenty-one-year-old Morvern Callar, a low-paid employee in the local supermarket, wakes one morning to find her strange boyfriend has committed suicide and is dead on their kitchen floor. Morvern's laconic reaction is both intriguing and immoral. What she does next is even more appalling... WINNER OF THE SOMERSET MAUGHAM AWARD

Born with Teeth

A lyrical memoir that identifies the pressure to conform as a hidden threat to our civil rights, drawing on the author's life as a gay Asian American man and his career as an acclaimed legal scholar. "[Kenji] Yoshino offers his personal search for authenticity as an encouragement for everyone to think deeply about the ways in which all of us have covered our true selves. . . . We really do feel newly inspired."—The New York Times Book Review Everyone covers. To cover is to downplay a disfavored trait so as to blend into the mainstream. Because all of us possess stigmatized attributes, we all encounter pressure to cover in our daily lives. Racial minorities are pressed to "act white" by changing their names, languages, or cultural practices. Women are told to "play like men" at work. Gays are asked not to engage in public displays of same-sex affection. The devout are instructed to minimize expressions of faith, and individuals with disabilities are urged to conceal the paraphernalia that permit them to function. Given its pervasiveness, we may experience this pressure to be a simple fact of social life. Against conventional understanding, Kenji Yoshino argues that the work of American civil rights law will not be complete until it attends to the harms of coerced conformity. Though we have come to some consensus against penalizing people for differences based on race, sex, sexual orientation, religion, and disability, we still routinely deny equal treatment to people who refuse to downplay differences along these lines. At the same time, Yoshino is responsive to the American exasperation with identity politics, which often seems like an endless parade of groups asking for state and social solicitude. He observes that the ubiquity of covering provides an opportunity to lift civil rights into a higher, more universal register. Since we all experience the covering demand, we can all make common cause around a new civil rights paradigm based on our desire for authenticity—a desire that brings us together rather than driving us apart. Praise for *Covering* "Yoshino argues convincingly in this book, part luminous, moving memoir, part cogent, level-headed treatise, that covering is going to become more and

more a civil rights issue as the nation (and the nation's courts) struggle with an increasingly multiethnic America."—San Francisco Chronicle "[A] remarkable debut . . . [Yoshino's] sense of justice is pragmatic and infectious."—Time Out New York

Morvern Callar

Bass player extraordinaire Charles Mingus, who died in 1979, is one of the essential composers in the history of jazz, and *Beneath the Underdog*, his celebrated, wild, funny, demonic, anguished, shocking and profoundly moving memoir, is the greatest autobiography ever written by a jazz musician. It tells of his God-haunted childhood in Watts during the 1920s and 1930s; his outcast adolescent years; his apprenticeship, not only with jazzmen but also with pimps, hookers, junkies, and hoodlums; and his golden years in New York City with such legendary figures as Duke Ellington, Lionel Hampton, Miles Davis, Charlie Parker, and Dizzy Gillespie. Here is Mingus in his own words, from shabby roadhouses to fabulous estates, from the psychiatric wards of Bellevue to worlds of mysticism and solitude, but for all his travels never straying too far, always returning to music.

Covering

Winner of the 2022 Prime Minister's Literary Award for Non-fiction. Shortlisted for NSW Premier's Literary Award's Douglas Stewart Prize for Non-fiction. Longlisted for the Australian Political Book of the Year Award. *Rogue Forces* is the explosive first insiders' story of how some of Australia's revered SAS soldiers crossed the line in Afghanistan, descending from elite warriors to unlawful killers. Mark Willacy, who won a Gold Walkley for exposing SAS war crimes, has penetrated the SAS code of silence to reveal one of the darkest chapters in our country's military history. Willacy's devastating award-winning Four Corners program, 'Killing Fields' captured on film for the first time a war crime perpetrated by an Australian: the killing of a terrified, unarmed Afghan man in a field by an SAS soldier. It caused shockwaves around the world and resulted in an Australian Federal Police war crimes investigation. It also sparked a new line of investigation by the Brereton inquiry, the independent Australian Defence Force inquiry into war crimes in Afghanistan. It was a game changer. But for Willacy, it was just the beginning of a much bigger story. More SAS soldiers came forward with undeniable evidence and eyewitness testimony of other unlawful killings, and exposed a culture of brutality and impunity. *Rogue Forces* takes you out on the patrols where the killings happened. The result is a gripping character-driven story that embeds you on the front line in the thick of the action as those soldiers share for the first time what they witnessed. Willacy also confronts those accused about their sides of the story. At its heart, *Rogue Forces* is a story about the true heroes who had the courage to come forward and expose the truth. This is their story. A story that had to be told. '[T]his brilliant and courageous book should be required reading for anyone seeking to paint our most recent military adventure as morally unambiguous. As Willacy shows, the "moral injury" sustained by many veterans was often a case of friendly fire.' *The Australian*

Beneath The Underdog

A ROUGH TRADE BOOK OF THE YEAR Wayne Kramer, legendary guitarist and co-founder of quintessential Detroit proto-punk legends The MC5, tells his story in *The Hard Stuff*. 'As gripping as it is sobering.' *THE TIMES* 'Voyeuristically dramatic.' *NEW YORK TIMES* 'Eye-opening.' *GUARDIAN* 'One of rock's most engaging and readable memoirs.' *ROLLING STONE* 'Inspiring and redemptive.' *UNCUT* 'An endearing read.' *MOJOLE* 'by legendary guitarist Wayne Kramer, The MC5 was a reflection of the times: exciting, sexy, violent, out of control - assuring their time in the spotlight would be short-lived. Kramer's story is a revolutionary one, but it is also the deeply personal struggle of an addict and an artist. From the glory days of Detroit to the junk-sick streets of the East Village, from Key West to Nashville and sunny Los Angeles, in and out of prison and on and off of drugs, his is the classic journeyman narrative, but with a twist: he's here to remind us that revolution is always an option.'

Rogue Forces

SOON TO BE A LIMITED SERIES DIRECTED BY DANNY BOYLE _____ Foreword by Chrissie Hynde Without the Sex Pistols there would be no punk rock, and without Steve Jones there would be no Sex Pistols. It was Steve who formed Kutie Jones and his Sex Pistols, the band that eventually went on to become the Sex Pistols, with his schoolmate Paul Cook and who was its original leader. As the world celebrates the 40th anniversary of Punk - the influence and cultural significance of which is felt in music, fashion and the visual arts to this day - Steve tells his story for the very first time. Rising from the streets of Hammersmith, Steve Jones was once a lonely, neglected boy living off his wits and petty thievery. Given purpose by the glam art rock of David Bowie and Roxy Music, he became one of the first generation of punks taken under the wings of Malcolm McLaren and Vivienne Westwood. For the very first time Steve describes the neglect and abuse he suffered at the hands of his stepfather, and how his interest in music and fashion saved him from a potential life of crime. From the Kings Road of the early seventies, through the years of the Sex Pistols, Punk Rock and the recording of Never Mind the Bollocks (ranked number 41 in Rolling Stone magazine's Best Albums of All Time), to his self-imposed exile in New York and Los Angeles where he battled with alcohol, heroin and sex addiction - caught in a cycle of rehab and relapse - Lonely Boy, written with music journalist and author Ben Thompson, is the story of an unlikely guitar hero who, with the Sex Pistols, changed history.

The Hard Stuff

On April 20, 1999, Eric Harris and Dylan Klebold walked into Columbine High School in Littleton, Colorado. Over the course of minutes, they would kill twelve students and a teacher and wound twenty-four others before taking their own lives. For the last sixteen years, Sue Klebold, Dylan's mother, has lived with the indescribable grief and shame of that day. How could her child, the promising young man she had loved and raised, be responsible for such horror? And how, as his mother, had she not known something was wrong? Were there subtle signs she had missed? What, if anything, could she have done differently? These are questions that Klebold has grappled with every day since the Columbine tragedy. In A Mother's Reckoning, she chronicles with unflinching honesty her journey as a mother trying to come to terms with the incomprehensible. In the hope that the insights and understanding she has gained may help other families recognize when a child is in distress, she tells her story in full, drawing upon her personal journals, the videos and writings that Dylan left behind, and on countless interviews with mental health experts. Filled with hard-won wisdom and compassion, A Mother's Reckoning is a powerful and haunting book that sheds light on one of the most pressing issues of our time. And with fresh wounds from the recent Newtown and Charleston shootings, never has the need for understanding been more urgent. All author profits from the book will be donated to research and to charitable organizations focusing on mental health issues.

Lonely Boy

Times to Remember

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